# **Product Feature**

Canadian Harvest® HF 610-03



# J. RETTENMAIER USA LP



# Keto-Friendly Waffle/Pancake Mix Gluten-Free with 3g Net Carbs

• Phone: (269) 679-2340 • Fax: (269) 679-2364 • Web: jrsusa.com

#### **Ingredient List** · Almond flour

Finished	%
48.41	
11.97	

9.62

8.85

Finished %

	= 0.000	
	Canadian Harvest® Oat Fiber HF 610-03	
•	Egg powder	
	Occorrat nour	

Tapioca starch 7.80	
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	Baking powder	3.35
•	Salt	1.31

## **Batter**

• Coconut flour

Dry mix	35.15
Water	64.85

#### **Benefits**

#### **Oat Fiber**

#### Canadian Harvest® HF 610-03

- Increases batter viscosity/structure
- · Increases water binding for enhanced yield
- Contributes to an "excellent source of" fiber claim
- Contributes 0 kcal/g and 0 net carbs

#### Test

### **Nutrition Facts**

Servings Per Container

Serving size (85g as prepared)

Amount per serving

#### 130 Calories

Calories	100
%	Daily Value*
Total Fat 9g	12%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 170mg	7%
Total Carbohydrate 12g	4%
Dietary Fiber 6g	21%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Sugar Alcohol 3g	
Protein 5g	
Vitamin D 0mcg	0%
Calcium 247mg	20%
Iron 1mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 121mg



